

Registration Information

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Email: _____

Phone: _____

Age: _____ DOB: ____/____/____

Gender: M F

T-shirt Size:

XS S M L XL 2XL

Emergency Contact:

Registration Fee

\$25.00 (Mail-in by 04/14/09)

\$30.00 (Ride Day)

Make Checks Payable To

Silver Valley Civitan Club, Inc.
402 Holt Street
Lexington, NC 27292

Tel: 336-249-8656

336-250-5362 (Cell)

Email: kcja0701@yahoo.com

Web: http://www.civitan.net/silvervalley/3_1.html

Ride Location

Pleasant Grove UMC
8131 Old US Hwy 64
Lexington, NC 27292

Directions From I-85 Greensboro:

Take Exit 103 in Thomasville (NC Hwy 109)
Turn left on NC Hwy 109
Head south on NC Hwy 109 for 9.3 miles
Turn left on Old US Hwy 64
Head east on Old US Hwy 64 for 2.7 miles
Pleasant Grove UMC will be on the left

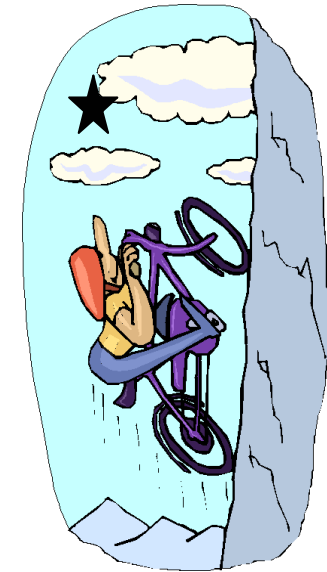
Directions From I-85 Charlotte:

Take Exit 96 in Lexington (US Hwy 64)
Turn right on US Hwy 64 East
Head east on US Hwy 64 for 5.1 miles
Take the exit toward NC Hwy 109
Turn right at NC Hwy 109
Head south on NC Hwy 109 for 2.7 miles
Turn left on Old US Hwy 64
Head east on Old US Hwy 64 for 2.7 miles
Pleasant Grove UMC will be on the left

11th Annual

Rolling In the Valley

April 18, 2009



8, 25 & 50 (mi)



Silver Valley Civitan

Proceeds to benefit
people with disabilities

Route:

An 8, 25, and 50 mile route will be offered. The course will run through parts of Randolph and Davidson counties. All courses are “rolling” to “hilly”. Traffic should be minimal through beautiful countryside. Rest-stops and SAG support will be available.

Sponsors:

Choice Bicycles
Davidson County Sheriff’s Dept
Harold & Joyce Parrish
Produce Corner
Roger & Sarah Barker
Silver Valley Civitan Club, Inc.
Spinz Bike Shop
VeloProject.com
Wilson Carter Supply Co.

Proceeds / Donations used for the following Civitan Projects:

ARC of Davidson Co.
Civitan International Research Center
Civitan Research Center at Duke Univ.
Community Living Services
Exceptional Classes at South Davidson HS
SDHS Junior Civitan Special Prom
Special Olympics Davidson Co.
Special Olympics North Carolina
Stoner-Thomas School
SV Civitan Western Dance
SV Civitan Special Olympics Outing
Workshop of Davidson, Inc.

Sign In:

Participants should sign in from 7am – 8am at the Pleasant Grove UMC. 8131 Old US Hwy 64, Lexington, NC 27292). Bike ride will start at 8am sharp (rain or shine).

Ride Information:

- Ride begins and ends in the parking lot of the Pleasant Grove UMC. 8131 Old US Hwy 64, Lexington, NC 27292.
- All participants will receive a course map and a participant number.
- Refreshments are available at rest stops.
- Spaghetti lunch will be served following the ride.

Mission Statement:

The **Civitan Mission** is to serve individual and community needs with an emphasis on helping people with developmental disabilities.

To that **purpose**, the Silver Valley Civitan Club hosts numerous events and supports many organizations that benefit people with disabilities.

The club **pledges** over \$4000 and hundreds of hours on an Annual basis to enhance the lives of special populations.

As in the previous ten Rolling in the Valley Bicycle Rides, members of the Special Olympics Davidson County Cycling Team and their partners will be **Honor Starters**. They also participate in other Area rides in training for competition in the **Special Olympics** North Carolina Fall Games.

Assumption of Risk:

I am aware that participation in “Rolling In The Valley” bike ride can be dangerous and I am voluntarily participating in this event with the knowledge of the dangers involved.

I release the Silver Valley Civitan Club, Inc. and all sponsors from any claim for injury that may result.

I understand that an “ANSI/SNELL” approved helmet must be worn by me at all times on the course.

I understand that this is not a closed course and I must abide by all rules of the road.

I hereby give my permission to Silver Valley Civitan Club, Inc. to use my name and any photograph taken of me during this event in any promotional materials or publications.

I certify that I have read this waiver and the “Assumption of Risk” and agree to their terms.

If under 18, a parent/guardian must sign!

Signature1 _____

Signature2 _____

Signature3 _____

